

M.A. History Part II
Semester IV
History of Sports In India
(Elective Course/CBCS: 5-B---2)

Code No. 408702 Credits: 4 Lectures: 60 Marks: 100

Objectives:

- To understand historical development of Indigenous sports.
- To acquaint the Olympic movement is to contribute to building a peaceful and better world by educating youth through sport History.
- To learn Women's participation in sports.
- To study participation pattern among Women, Gender inequalities in Sports.

Course Content:	Credit	Lectures	Marks
I - Perspectives of Sports:	1	15	25
a) Warfare			
b) Entertainment			
c) Competition			
d) Colonial Impact on Sports			
II -Indigenous Sports:	1	15	25
a) Kabaddi & Kho Kho			
b) Malkhambh			
c) Kushti			
d) Hockey			
e) Shataranj (Chess)			
III - Colonial Impact on Sports:	1	15	25
a) Cricket, Hockey, Polo, Gymkhana			
b) Institutionalization of sports & Gymkhanas			
c) Participation of women in Sports			

IV – Changing Dimensions of Sport: 1 15 25

- a) Individual Sports: Mountaineering, Badminton, Tennis, Swimming
- b) Role of SAI, Olympic Association of India
- c) Physical Fitness: Yoga, Zumba, Aerobic. Gymming
- d) Sports in Academia

Course Outcome: Students will able to

- ❖ Develop the various perspectives of sports in ancient, medieval and modern period in India.
- ❖ Acquaint with the historical development of Indigenous sports.
- ❖ Analyse the aims and objectives for starting Olympic movement .
- ❖ Examine the Women’s participation in sports.
- ❖ Evaluate the Gender inequalities in Sports.

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